

# Dokitari+

## PREVENTIVE HEALTH SCREENING CHECKLIST FOR ADULTS

### ANNUAL WELL-VISIT (ANNUALLY)

- Family history
- Blood pressure
- Body mass index (BMI)
- Physical exam
- Preventive screening
- Counseling

### CANCER SCREENINGS (AS RECOMMENDED)

- Colorectal
- Skin
- Breast (Women)
- Cervical (Women)
- Testicular and prostate(men)

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## PREVENTIVE HEALTH SCREENING

### CHECKLIST FOR ADULTS

#### SENSORY SCREENINGS

- Eyesight
- Hearing (only if symptoms arise)

#### IMMUNIZATIONS

- COVID
- Tetanus, Diphtheria (Tdap)
- Influenza
- Pneumococcal
- MMR
- Meningococcal
- Varicella
- Shingles
- Human papillomavirus (HPV)